

# A Functional Super Food



Available in two types:  
Bean Grain or Rice Source

## Medi-Aminos

with Highly Bioavailable  
Free-Form Amino Acids, Fiber & Enzymes\*



A Functional Super Food  
for the whole family\*

**Medi-Aminos** is a pure **Functional Super Food** beverage powder concentrate, derived from steam-proteinated (a unique proprietary process), “beyond organic”, nonhybrid whole foods, grown in the Far East where no chemicals or pesticides have ever been used (completely pesticide-free).

This revolutionary, steam proteination process liberates up to 95% of the amino acids in their free form state, making them highly bioavailable and ultra-easy to digest. In addition, it preserves up to 90% of the naturally occurring enzymes in their raw state.

Because Medi-Aminos is a rich source of highly bio-available, naturally occurring nutrients and co-factors, it may be successfully used to meet broad spectrum dietary needs, even on a long term basis.

## Key Benefits

- Great-tasting, highly soluble amino acids
- Contains over 95% amino acids in their free form
- A **Functional Whole Food Source** for superior protein
- Rich in live enzymes and natural fiber
- Supplies a broad spectrum of nutrients for full nutritional support: abundant free-form amino acids, fiber, raw enzymes, vitamins, minerals, trace minerals and accessory phytonutrients for full nutritional support and detoxification\*
- Provides key support nutrients for both Phase I and Phase II Liver detoxification\*
- Often recommended for the slow or incomplete metabolizer; can also be used on a long-term basis for individuals with chronic exposure to toxins or impaired digestion\*
- Supplies low-allergy-potential, stabilized whole food concentrates with both essential and nonessential amino acids to support even the most demanding protein requirements\*

## Who Should Use Medi-Aminos?

### Regular Use by the Whole Family for Super Health\*

Medi-Aminos provides ideal nutritional support, including highly bio-available amino acids, raw enzymes, natural fiber and immune-boosting phytonutrients for regular daily use by all individuals.

### Athletes and Regular Exercisers

The extraordinary, broad-spectrum nutrient content in Medi-Aminos deliver a spectacular foundation for those who want to improve their athletic endurance, stamina and performance.\*

### People with Chronic Immune Concerns

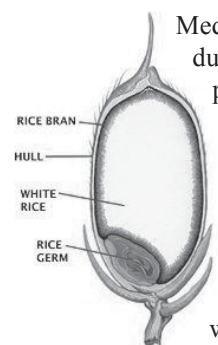
Medi-Aminos provides exceptional nutritional and immune support, including a complete array of easy-to-assimilate amino acids, fiber, enzymes and phytonutrients for those who are highly hypersensitive, chemically sensitive, digestively compromised, cachexic or those who present with “failure to thrive.”\*

## Detoxification Programs

Medi-Aminos is designed to support an individual's protein and amino acid needs during detoxification programs. It is a delicious, hearty-tasting, easily absorbed beverage (just add hot water to 1 to 2 tbsp. of powder) with a low allergy potential so that most food-sensitive individuals can use it. Due to its unusual, highly bioavailable amino acids (including all essential and non-essential amino acids), it increases the biological value of all protein consumed. Medi-Aminos also supports both Phase I and Phase II hepatic detoxification. It can be used on a long-term basis for individuals with chronic exposure to toxins, impaired digestion or malabsorption.\*

**Warning:** Avoid Functional Food powders that contain "Natural Flavors" (a term which designates "MSG or monosodium glutamate"). MSG is associated with increased immune stress, increased allergic responses, brain and neurological distress and decreased ability to respond to stressors. In addition, avoid commercial **canola oil** (i.e. rape seed oil) which is typically over-processed, hydrogenated and an immune system suppressor.

## Medi-Amino's Spectacular Nutrients



Medi-Aminos is a Functional Super Food produced by a new, revolutionary process: steam proteination. This process liberates over 95% of the whole food's amino acids to their free form state and preserves over 90% of the raw enzymes.

Medi-Aminos is available as two products: a) steam proteinated whole jasmine rice only or b) steam-proteinated whole jasmine rice with a blend of synergistic ingredients (including steam-proteinated kidney bean, pearl barley,

black seed and soy bean). Each product is based on "beyond organic" whole jasmine rice grown in the Far East where no chemicals have ever been used.

**Stabilizing the Bran.** Over 65% of the nutrition from the rice kernel is locked away in the rice bran, the outer layer of the kernel. These precious nutrients are routinely thrown away as an unused food resource. More than 60 million tons of rice bran each year end up as animal feed or dumped in landfills due to an enzyme that renders the bran rancid within hours of milling, making it unfit for human consumption.

With the major breakthrough in advanced, steam-proteination (SP) technology, all the rice's vital nutrients can be preserved and stabilized, including the bran, and are rendered highly bio-available without degenerating its nutrients with heat or cooking. No synthetics or chemicals are used in this proprietary process.

**Nutrient Powerhouse.** Research studies have shown that stabilized rice (including the bran) is an extremely nutrient-dense source of vitamins, minerals, trace minerals – and is the most potent source of phytonutrients and antioxidants found in any

food today. The bran alone contains an amazing **103 different antioxidants** and is **the richest source of Vitamin E Complex**. The following is an overview of these nutrients.

## Broad-Spectrum Phytonutrients Contained in SP Rice Concentrate

*(The Nutritional Foundation of Medi-Aminos)*

- Hypoallergenic protein with all essential amino acids (over 95% in their free form state)
- All the essential fatty acids, including 38% Omega-6 and 2% Omega-3 fatty acids
- Rich in vitamin E complex (the rice bran contains the highest natural source of tocopherols and tocotrienols in nature)
- Rich in natural B complex vitamins
- IP6 (inositol hexaphosphate)
- The only source of gamma oryzanol in nature
- Natural minerals, including high amounts of potassium, magnesium and manganese, as well as trace minerals
- Polyphenols, phytosterols, and sterolins (with high amounts of Beta-sitosterol and Beta-sitosterolin)
- Mixed carotenoids, including lutein and zeaxanthin
- Dimethylglycine (DMG) and trimethylglycine (TMG)
- Lecithin (including phosphatidylcholine, phosphatidylserine)
- Ferulic acid
- Natural CoQ-10
- Squalene
- Alpha-lipoic acid

### Medi-Aminos (Rice Source)

**Ingredients:** "Beyond Organic" Grade 10, Nonhybrid, Non-GMO, Steam-Proteinated, Whole Jasmine Rice

### Medi-Aminos (Bean-Grain)

**Ingredients: Each serving (3 teaspoons) contains:** "Beyond Organic" Grade 10, Nonhybrid, Non-GMO Whole Food Sources:

Steam-Proteinated Kidney Bean	3250 mg
Steam-Proteinated Jasmine Rice	2362 mg
Steam-Proteinated Soy Bean	687 mg
Steam-Proteinated Pearl Barley	335 mg
Steam-Proteinated Black Sesame	67 mg

Which yields the following free-form amino acids:

Iso-Leucine	95 mg	Valine	104 mg
Leucine	168 mg	Arginine	212 mg
Lysine	143 mg	Histidine	58 mg
Methionine	18 mg	Alanine	94 mg
Cysteine	30 mg	Aspartic Acid	251 mg
Phenylalanine	94 mg	Glutamic Acid	386 mg
Tyrosine	76 mg	Glycine	99 mg
Threonine	83 mg	Proline	52 mg
Tryptophan	20 mg	Serine	110 mg

**Other Ingredients:** None; 100% excipient-free (no maltodextrin, magnesium stearate, silicon dioxide or other toxic tagalongs)

### Recommended Use

Adults or children (age 1 up): Mix 1 to 3 teaspoons of Medi-Aminos in food daily. Take 1 to 3 times daily. For best results, take daily for at least 4 to 8 weeks. Medi-Aminos may be used alone: stir 1-3 tsp. in 4 oz. warm water and enjoy as a hearty power drink. For added flavor, add Premier Pink Salt, Quantum Nutritional Flakes and Quantum EFA Oil as desired.